

Offseason Training Programs



The Yard	Mound Time
<ul style="list-style-type: none">• Three Sunday sessions in December<ul style="list-style-type: none">· 12/2 Throwing/pitching· 12/9 Hitting· 12/16 Fielding• Two time slots each day (determined by age/skill)<ul style="list-style-type: none">· 4:00-5:30· 5:30-7:00• Six sessions January-February<ul style="list-style-type: none">· Hitting, fielding and throwing/pitching· Will adjust as we get closer to the season• Up to 16 kids each group• Cost: \$25/session	<ul style="list-style-type: none">• Free session to come try out Mound Time<ul style="list-style-type: none">· Thursday 11/29 – Open Gym (9U-12U)• 8 hours of instruction in December<ul style="list-style-type: none">· Sessions will cover a mix of all of the fundamentals· Will schedule two 1-hr time slots per week that will be “CMLL only” (either a Tues/Wed and a Sunday evening)· 1-hr slot each week dedicated to pitching (if there is enough interest)· Can use any remaining hours during Christmas camps· Class size limit would be 16-18 players· Cost: 8 hours of instruction for \$185• 20 hours of instruction January – March<ul style="list-style-type: none">· Sessions will cover a mix of all of the fundamentals· Will schedule two 1-hr time slots per week that will be a mix of CMLL, MT, and public (either a Tues/Wed and a Sunday evening)· 1-hr slot each week dedicated to pitching (if there is enough interest)· Class size limit would be 16-18 players· Cost: 20 hours of instruction for \$500

To sign up please contact Gary Martz, gary.a.martz.jr@intel.com

For questions or more information please contact Gary or Jeff Ingalls, jeff@jii productions.com