

Baseball Coaches...

How You Too Can Teach Your Pitchers To Have Real Velocity Gains, Improved Control, and Reduce the Risk of Injury!

BioForce Baseball Academy presents a special pitching clinic specifically for coaches and serious baseball parents to help youth athletes learn how to gain real velocity, improved control, while minimizing the risk of injury.

Dear baseball coach:

We all want our young athletes to perform at their best, to their potential. Nobody wants to see a pitcher blow the ball past a hitter more than a proud parent or coach.

But are we pushing our kids to the point of injury? The occurrence of the famous "Tommy John" surgery for youth baseball players is growing at an alarming rate.

This special clinic will focus on what does it take for a young athlete to learn how to throw harder and minimize the risk of injury.

Attending this 2- ½ hour clinic **Sunday evening, February 11th at 6:00 pm** will help dispel some of the myth and conventional wisdom in the baseball world.

You will come away from the clinic with a much better understanding of...

- What are proper throwing mechanics
- How can I teach those mechanics to the athlete
- How should the youth athlete condition for baseball
- When should my baseball athletes start training for the upcoming season
- How do my players learn how to throw harder
- Parent/Player-Coach relationship
- When to seek out professional help
- Pitching limits and warning signs
- Dispelling Pitching Myths and Conventional Wisdom

Here's what a few coaches and parents have said about the BioForce pitching clinic:

"I really enjoyed seeing the photos of Major League Pitchers exhibiting the principles Bill mentioned".

Ann D., Parent

"The most beneficial part of this workshop was hearing about the key points to change but not changing the athletes basic style of throwing".

M.J., Parent

I will most likely use the unique drills presented by BioForce. I really like the reverse progression to help the athlete understand his strengths and weaknesses".

B.H., Coach

The clinic is **free**.

Why free you ask?

For years I've volunteered my time to baseball. This annual clinic is my way to give back to coaches that are giving their time to promote baseball.

I look forward to seeing you on February 11th!

Bill Mooney

To register, please fax, email or mail the registration sheet below to:

BioForce Baseball Academy
7866 SW Nimbus Ave
Beaverton, Or 97008

Phone 503-644-5500

Fax 503-644-4470
support@bioforcebaseball.com

For Directions please visit the website at www.bioforcebaseball.com , click on the indoor academy page and scroll to the bottom of the page. Feel free to call the academy and we will help you as well.

We have a limited number of chairs, so please bring a folding chair.

BioForce Baseball Academy Coaches/Parent Clinic

Coach/Parent Name: _____

Athlete Name _____

Athlete's League

Age: _____ Grade: _____ School: _____

Address: _____

City: _____ State: _____

Zip: _____

Phone #: _____ Cell Phone# _____

Email

Address: _____

Fee: FREE

Please fax or mail to:

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Beaverton, Or 97008

Phone (503) 644-5500

Email: support@bioforcebaseball.com

Fax: (503) 644-4470

Web: www.bioforcebaseball.com

No fax, no problem.

Please call the number above to register or email your information to:

support@bioforcebaseball.com